

# Less sick days. More smiles.



## Keep kids in classrooms with Child & Adolescent Health Centers

For almost forty years, hundreds of schools across Michigan have benefitted from Child & Adolescent Health Centers (CAHCs). These centers are specialized health care locations that provide both primary and mental health care services to children and teens, either in or near their own school. CAHCs are staffed by physicians of advanced practice clinicians including nurse practitioners, physician assistants, and master's-level behavioral health professionals. Ensuring parental consent is on file for each student, CAHCs help increase attendance and graduation rates, improve school performance, and help our students succeed — because healthy kids learn better.

### CAHC Services: (Parental consent required)

- Primary care
- Mental health care
- Day-to-day wellness visits
- Immunizations
- Dental services
- Asthma and diabetes treatment
- Nutrition and fitness education
- And more

### Benefits:

Compared to students without these centers, students with access CAHCs are:

- + **More likely** to graduate high school
- + **More likely** to have a health care visit in the past year
- **Less likely** to be absent or tardy
- **Less likely** to drop out of school

**300+ school health centers** in 58 counties across Michigan

**200,000+ students** have access to a CAHC in Michigan, as of 2023

School-based health centers have existed in Michigan for almost **40 years**

Over **80% of students returned to their class after visiting their clinic**

**Sources:** School-Based Health Alliance, Journal of Adolescent Health, SCHA-MI, State of Michigan

## How can I get a Child & Adolescent Health Center at my school?

### Spread the word

Express the importance of CAHCs to your local school board, parents and guardians, and other community stakeholders — we've got resources to help at **HealthyKidsLearnBetter.com**.

### Submit an application

Schools are able to submit an application to receive support and funding to open a center through the Michigan Department of Health and Human Services. Have questions or need support? Visit **SCHA-MI.org**.

